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Union Minister of state Dr. RK Ranian deliberates on 'MODI@20 "Dreams **Meet Delivery'**

IT News Imphal, August 21:

Union Minister of state for External Affairs, Dr. RK Ranjan today deliberated the book MODI@20 "Dreams Meet Delivery' while inaugurating the Abhiyan at Moreh College

here in Manipur. The book Modi@20: Dreams meet Delivery was launched on May 11, 2022 at Vigyan Bhawan in New Delhi by Vice President M. Venkaiah Naidu. The book was pub-lished by Rupa Publications. It is a collection of twenty one chapters written by twenty two domain dignitaries from Home Minister Amit Shah to the National Security Advisor Ajit Doval and Sudha Murty among others.

Dr. Ranian said that the book is about the twenty years political journey of Prime Minister Narendra Modi ji, first as the three times chief minister of Gujarat and later as two times Prime Minister of India. He served our country both at the state level as well as national level.

He further said that Dr. Ranjan said 'Modi@20: Dreams meet Delivery' is a



book based on the 20 years journey of Prime Minister Sh. Narendra Modi as the head of the government from becomthe Chief Minister of ing Gujarat in 2001 to being elected as the Prime Minister of India in 2014 and re-elected in 2019. It is published by Rupa Publications and written by 22 intellectuals and eminent citizens of the country which includes P.V. Sindhu, Shobana Kamineni, Surjit S. Bhalla, Amish Tripathi, Amit Shah, Pradeep Gupta, Anantha Nageswaran, Arvind Panagariya, Shamika Ravi. Uday S. Kotak, Ajay Mathur, Anupam

Kher, Ashok Gulati, Dr. Devi Shetty, Nandan Nilekani, Inripendra Misr, Sadhguru, Sudha Murthy, Ajit Doval K.C., Manoi Ladwa, Bharat Barai, and Jaishankar. This book is divided into 5 sections and 21 chapters. The first section de-scribes the social impact of Modi The second section includes the political and cultural impact. The third section is economics which includes the description of the economic reforms. The fourth section is about the governance model describing the various facets of Modi's government such as cri-sis management, citizen engagement, and use of technology, The fifth section is about India's engagement with the world which includes foreign policy, defense policy, and diaspora.

Dr. Seivang Baite HoD-Geography, Dr. K. Shantikumar Sharma, HoD English S.Norjit Singh,HoD-Zoology of also attended the programme as resource person. Today's programme was

attended by members of CSOs, Meetei Council Moreh, Hill Tribal Council, Tamil Sangam, Manipuri Muslim Council Moreh, Gurkha Samaj & other government officials.

Process to elect new Congress president gets underway, party sticks to Sept. 20 schedule; **Rahul remains 'disinterested'**

Agency New Delhi, August 21:

The process for the election of Congress president got underway on Sunday, with the party's election authority saying it would stick to the sched-ule of electing a new chief by September 20.

Chairman of the party's Central Election Authority Madhusudan Mistry told PTI that it was up to the Congress Working Committee (CWC) to approve the final date for the election of the Congress chief. which could be any day be-tween August 21 to September 20.

The CWC had decided that elections for block committees and one member each of the Pradesh Congress Committee will be held from April 16 to May 31, 2022; district committee chiefs and executive will be elected between June 1 and July 20, PCC chiefs and AICC members between 21 and August 20, 2022 and AICC president between August 21 and September 20. 'We will stick to the sched-

ule. We have already forwarded the election schedule to the party leadership and are awaiting a nod from the CWC which will fix the final dates for the Congress president's election," Mistry told PTI.

Anand Sharma, besides Bhupinder Singh Hooda and Asked if organisational elections at the level of Block, Manish Tewari, has been insisting on genuine elections District and Pradesh Congress right from the block up to the Committees have concluded, CWC level. he said the process has been Even as Mistry insisted that the election authority would stick to the poll schedduly completed.

However, Mistry said the Election Authority is in the process of finalising the AICC delegates who will vote in the ule, the party appeared in the dark on potential candidates for the key race, with former chief Rahul Gandhi continuing to display his unwillingness to crucial election for the top party post.

The exact date will be contest. finalised by the Working Committee," he said, adding that a meeting of the party's top de-cision-making body will be leaders to gauge the mood of the party as the internal elec-tions rolled went in vain with held soon. Sonia Gandhi and the most leaders saying they were unaware of the plan.

As of today, there is no clarity on whether Rahul Gandhi will agree to run for the party have been saying that the Congress would have its new president by September Congress president's post, 20. It is, meanwhile, learnt that the G-23 is keeping a close watch at the election process and its transparency.

with large sections of the party noting that he seemed "disinterested". contd. on page 4

Attempts to reach senior

'Major Sanju's demise has left a vacuum to the party activities'- PREPAK

IT News Imphal, August 21:

Proscribed group – People's Revolutionary Party of Kangleipak (PREPAK) condole the demise of the party Interim Council member Major Sanju Oinam @ Pheijao @ Premjit @ Athouba due to an illness

In а statement by Leibaakngakpa Luwang , Chrge-de0Affairs' , Publicity & Propaganda of PREPAK, Major Sanju Oinam succumbed to the illness on Au-gust 18, 2022 while undergo-ing treatment in a hospital.

> Legal Awareness

IT New

'Major Sanju departure will leave a vacuum to the free-dom movement of the party", the statement said.

The statement said that Major Sanju was born on April 16, 1976 (Friday) at Haobam

Marak Irom Leikai in Imphal Vest district as the eldest son of Oinam Saratchandra Meitei and Oinam Ongbi Sanahanbi Leima. He is among the 6 children of his parents (4 sons and 2 daughters). He studied till class IX at Regular English School, Kwakeithel Heinou Khongnembi, and later shifted to Kha Imphal High School where he completed his class X. Later he completed Pharma-cist course at Bihar and started

supporting his family. Since his childhood Major Sanju was sports admirer and has taken part in many sports events. He is as Blue

Belt in Karate and won many medals in the events of his category in both National and State championship. He had taken up many welfare programme of his locality by becoming an Executive member of Naharol Yaipha Lamjing Kol, Haobam Marak Irom Leikai.

The essence of his patriotism and the frustration of how Manipur was occupied by In-dia, Major Sanju started connecting the leaders of the PREPAK and started working of the outfit as an over ground worker in 1994. contd. on page 4

2 suspected terrorists linked to Al Qaeda held in Assam; Had given support to Jihadis from B'desh

Agency Guwahati, August 21:

Assam police on Saturday arrested two suspected terror-

After being questioned by police for several hours, the arrested individuals were identified as Abdus Subhan, Imam

Imam of Tilapara Natun ABT in Assam," the SP told. Mosque under Matia police station in Goalpara. According to VV Rakesh Reddy, Superintendent of Po-

"During the house searches of the accused persons, a number of incriminating material related to the Al-Qaeda, Jihadi elements, post-ers, books among other docu-ments were seized along with the mobile phones, SIM cards and ID cards," he added.

The top Assam cop went on to say that the accused had also provided logistical support to the Jihadi terrorists who had arrived from Bangladesh.

Nitish Kimar may be the new Mascot of Opposition to fight Modi in 2024 polls Bihar Chief Minister is drawing up plans to Unite Anti-BJP parties take on BJP in the 2024 elec-

campaign Imphal, August 21:

Parishad, Adhivakta Manipur organized a legal awareness programme at Sekmaijin, Kakching District, with the senior citizens and youths of the locality today. the In awareness programme, the fundamentals of law and citizens were discussed. The panel resources persons were Salam Rupachandra Singh, Sarangthem Suresh Singh and H. Bisheshwari Devi, delivered on the topics criminal offences, writ matters and domestic violence.

By Harihar Swarup Patna, August 20:

Here's something about Nitish and the number 7, Circular Road. As Chief Minister. he has been at 7, Circular Road, while using 1, Anna Marg, the official residence as his office. Now, with CM severing his five-year-old old alliance with the BJP and walking over to the Mahagathbandatan camp, many point that to a famous Delhi address— 7, Kalyan Marg (Racecourse Road), the official residence of Prime Minister-could be in his mind. After all, as he left NDA, Nitish Kumar, sent out dare, couched as prophesy, to the current occupant of 7, Lok Kalyan Marg:

"the one who came to power in 2014, would he also return in

2024 to Lok Kalyan" Though there has been much talk about Nitish's growing discomfort with an "over-bearing" BJP, the stark message to have emerged out of Nitish's U-turn is his rekindled national ambition. Though he hasn't spoken openly about his PM hopes and continues to talk about "serving" Bihar, soon after taking oath as CM for the record eighth times. Nitish has urged all opposition parties to start preparing for the 2014 Lok Sabha elections. JD(U) sources hint he may soon start touring other states

to explore the chances of a

broader national coalition to

tions. JD(U) national spokesper-son K C Tyagi said, "we have been getting very positive re-sponse (about Nitish Kumar walking wat CNEV to the state valking out of NDA). Just the thought of Nitish Kumar playing an important role in na-tional politics looks exciting. It is too early to say, but Nitish Kumar has recharged the opposition".

Saying Mahagatbandhan, an alliance of seven parties that has the JD(U), RJD and Congress, besides other parties could "offer a template for a national opposition against the BJP", another top JD(U) leader said, "Bihar has been the factory of political experiments

and coalition. The BJP is now up against a tough opposition in Bihar. Who knows, there might be a strong opposition at the national level too"?

JD(U) sources point out that Nitish has nothing left to prove in state politics. He is credited with turning around Bihar's fortunes after its long years of decay and for build-ing a formidable social coalition built around women and extremely backward classes among OBCs. He is also state's longest serving CM, having broken the record of 16 years held by Dr. Srikrishna Singh, Bihar's first CM. As a close Nitish aide says now only posts of Deputy PM and PM are left to be achieved

But those sceptical of a rger national role for Nitish or the possibility of him becoming the Opposition's joint face against Modi point to his 'palturam" image, the consum-mate politician who has swung

between camps with the ease of a trapeze artiste. Nitish, who joined hands with the BJP in 1995, first quitthe NDA in 2013, in run up to Lok Sabha elections, when it became clear that Narendra Modi would be the prime ministerial candidate. Though he did openly pitch himself for the post, he was evidently uneasy uneasily about Modi's growing profile. When he finally parted ways with the BJP in 2013, it was on the ground

that NDA should have a leader with a "clean and secular imag ine".

Then in the run up to 2015 polls, Nitish did the unthinkable by joining hands with his old socialist fellow travellers and later foe, Lalu Prasad's of RJD. In the elections that year, held two years after Nitish quit NDA, the coalition got 178 with the BJP reduced to 53 seats. Nitish had found his sweet re-

venge against Modi. Barely two years later, in 2017, he snapped ties with the RJD citing his no corruption plank as the CBI booked RJD leader and now his Deputy CM. Tejaswi Yadav, in the IRCTC case.

contd. on page 4

lice (SP) of Goalpara district, both the individuals were arrested after being grilled for hours "We have gotten input in July this year from arrested Abbas Ali who is also linked with Jihadi elements. During

nected with Barpeta and

Morigaon modules of AQIS/

the interrogation, we found that they were directly con-

of Tinkunia Shantipur Mosque under Mornoi police station, and Jalaluddin Sheikh,

ists linked to the Al-Oaeda Indian Subcontinent (AQIS) and Ansarullah Bangla Team (ABT) terror groups in the Goalpara district.

Time Management



Time Management refers to act of man aging time effectively as well as intelligently so that the right time is allocated to the right activity. It has been rightly said that the time and tide wait for none. Hence time manage-ment is the art or process of planning and exercising control over the amount of time spent that you spend on specific activities, especially to increase effectiveness, efficiency or productivity. Effective time man-agement allows individuals from various fields to effectively distribute their time towards important activities according to the time slot available with the person. Usually,

time management is very important for the working professionals whose job is to deliver the product at the right time as well as the student who need to effectively time their schedule to manage their studies as well as other activities of life.

As time is very limited and all of us have to manage everything in 24 hours, there can be replacement or price for a lot of things, but you cannot buy, replace or stop time. If you want to make the best use of your time then you have to manage it effectively. Time management is a very important task and may be aided by a range of skills, tools, and techniques used to manage time when accomplishing specific tasks, projects and goals complying with time when accomplishing specific tasks, projects and goals complying with a due date or planning for something in general. One of the primary goals of the time management is to help yourself become aware of how you use your time as well as resource available in organizing, prioritizing the job, and succeeding in your work as well as finishing off your work on time so that you can have sufficient time for your friends and family, etc.

you can nave sunicient time for your friends and family, etc. Initially, time management referred to just business or work activities, but eventually, the term broadened to include personal activities as well. A time management system is a designed combination of processes, tools, tech-niques, and methods. Time management plays a very important role in our pargonal or well or preferring allows the bay does not a strain a lower of the s personal as well as professional lives. Few tools towards effective planning may include:

Setting goals and objectives at the right time

Setting deadlines for your work or project Delegation of responsibilities

Avoiding overload

Focus on your goals

Analyzing your potential and planning accordingly Prioritizing tasks and activities as per their importance Spending the right time on the right activity Advantages of Time Management

If you want to be successful in your life, then hard work and time man-agement are the keys to success. You can reach heights if you effectively time your priorities according to importance, relevance as well as the time you have. Effective time management is a primary means to a less stressful life. Managing time well enables an individual to do the right thing at the right time. The primary goals of the time management are to give you a complete control of your life and manage your time in such a way that you make full use of it, as well as to have a happier, healthier and stress-free life without the fear of your work. When you are already running ahead of your without the lear of your work. When you are arready running anead of your assigned time period then obviously you are not under any kind of pressure, hence you tend to give best results when you work without any kind of pressure. Few advantages of time management include: Punctuality and Discipline: One of the basic advantages of the time management is that it makes a person punctual as well as disciplined. One learns to work when it is actually required as a result of effective time man-

agement. Time management involves judicious use of time; individuals need to prepare a list of activities to be performed at the start of the day to jot down activities which need to be done in a particular day as per their impor-tance and urgency against the specific time slots assigned to each activity. Hence it also teaches the importance of doing the right thing at right time.

Right Direction: Managing your activities well in advance gives you a clear work plan as well as the direction to work in. A Task Plan gives individuals a sense of direction at the workplace. An individual knows how his day Jooks like and eventually works accordingly leading to an increased output. You do not have to waste your time thinking about what to do next when you have already planned your activities well in advance according to the priority as well as relevance.

Gives Confidence: It has also been observed that people who manage their time well are in full command of their activities and are really confident about their work. As a result of Time Management, individuals accomplish about their work. Is a result of time making them, multiduals accomption tasks within the stipulated time frame, making them popular in their organiza-tion as well as amongst their peers. When you are moving ahead of the time allotted to you for a particular project or task, then automatically you tend to gain confidence as you know that you will complete your project well before the time allotted to you. People who understand the value of time are the ones who manage to stand apart from the crowd and are always the most confident ones.

Keyto Success: It would not be wrong to say that the time management is the key to success. Effective time management techniques help an employee to perform his job and duties properly as well complete the task given to him on time which helps him to reach the pinnacle of success quickly and stay firm at the top. There are also employees who work just for the sake of working and fail to create an impression, as a result, they are never taken seriously at work. Effective time management plays a vital role in increasing an individual's productivity as well as achievement both at work as well as in personal life. Output increases substantially when people manage their time well and prioritize their tasks.

The Person becomes Organized: Planning your activities well in advance and sticking to an effective work plan makes a person a punctual and well-organized individual. When you plan in advance you also know what all you need to perform your task and arrange things accordingly, keeping the things at their proper places minimizes the time which goes on unnecessary searching of documents, important files, folders, stationery items and so on. Keep everything ready to use in an organized manner saves time and at the same time, you also get used to a good habit of keeping things in an arranged manner. For better time management, individuals keep their workstations, study zones, cubicles, meeting areas clean and organized. People learn to manage things well as a result of Time Management.

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Kalyan Singh: The pillar of Ram Mandir movement Jan Sangh ticket. He contested ten



movements in the early Nineties, one the Mandal and other the Kamandal (i.e. Ram Mandir) Movement Overall the Mandal Movement was led by the OBC leadership of socialist back-ground, while the Mandir movement ground, while the Mandin Hovement was led by the Upper caste leadership of Jan Sangh & RSS background. The nineties also saw the emergence of some powerful backward leaders in the BJP like Kalyan Singh, Vinay Katiyar, Om Prakash Singh & others, who helped it to gain power at the centre in the long run. In strengthening the roots of BJP among depressed sections of the society and expanding its mass base, these leaders offer their best.

Born on 5th January 1932 in a back-vard Lodh family, Kalyan Singh played significant role in the power politics of Uttar Pradesh. In his early life, he worked as a Swayamsevak of RSS. He contested for the first time in 1967 from Atrauli constituency for the Uttar Pradesh Vidhan Sabha on Bharatiya

By: Nitish Keisham

People around the world have

been facing problems, depression, heartbreaks, sadness, happiness and

many other destructive emotions.

Most of the negative emotions lead

to a negative way or a negative path

of life. It's because people think in a dark way and underestimate them-

selves. We should know that when

life puts us in deep and dark moments,

we're not being buried, we're being

planted and life is giving us another chance to grow. It's giving us another

head start and we need to understand that. No matter how bad you were in

the past, try to be a better person in life. People will always throw those



prominent leader of the BJP, formulating and executing the strategies for the Party's rise in UP, the most populous & central power controlling state. In 1991, when the BJP got an absolute majority under his leadership in the UP Vidhan Sabha election, he was sworn in as the 16th Chief Minister on 24th June 1991. After the demolition of the disputed Ram Mandir-Babri structure in Avodhva on 6th December 1992, he resigned from Chief Minister post own-ing moral responsibility and President Rule was imposed by the President Shankar Dayal Sharma. The short tenure of Kalyan Singh

times from the same constituency and won nine times, except in 1980. He was

iailed for 21 months during the Emer-

is remembered for strict & good gover-nance in the State and reforms in various sectors. He gave impetus to the development works with social justice. His government chalk out Masterplan for the development of the historical & spiritual place of Ayodhya and acquired 2.27 Acre of land surrounding the disputed structure for the construction of the Ram Chabutara.

Although he had given affidavit in Supreme Court that he would not al-low damage to the structure, but he refused to order fire on the crowd when the Karsevaks turned aggressive and demolished it. Along with other stalwarts he was also accused of conspir-ing over the incident, which he vehemently denied. He clarified that the incident was an outpouring of the sentiments of Crores of people, whose aspirations has been forcibly subdued for hundreds of years. Despite all security arrangement, the structure came down. Had firing been ordered, thousands of people would have been killed. His sacrifice of the Chief Ministership did not go in vain; as in case of no demolition probably the courts would have ordered Status Quo.

He again became the Chief Minis-ter of UP on 21st September 1997 ac-cording to the 6-month rotational power-sharing formula between the BJP and the BSP. The BSP withdrew support to the government, but with the support of a faction of Congress Legislatures, he continued as CM. On 21st February 1998, Naresh Agrawal withdrew support to the government. The Governor Romesh Bhandari dismissed the government and invited Jagdambika Pal to form the Government; but the Allahabad High Court did not allow the formation of such type of gov-emment. Ultimately Naresh Agrawal had to return back to the BJP. Kalyan Singh proved his majority and form the gov ernment again. On having tussle with Party stalwart Atalji he had to resign on

Party stativan Ataliji ne na to resign on 12th November 1999 and ultimately he left BJP in December 1999. He formed the political outfit "Rashtriya Kranti Dal"; but in 2004, on the request of Vajpayee he came back into BJP and became an MP from the Bulandshahar Lok Sabha constituency. He again got upset with the BJP and became member of Lok Sabha from Etawah constituency in 2009 as an independent candidate. He joined SP in 2009, but return back to BJP in 2013.

He served as the 21st Governor of Rajasthan from 4th September 2014 to 8th September 2019 and was given the additional charge of Governor of HP from 28th January 2015 to 12th August 2015. When Supreme Court judgement came in 2019 to the pave the way for Ram Janma Bhoomi Mandir, he did not hesitate to express his pleasure. He said that his dream has been fulfilled & he wanted to live till the Mandir is constructed. In November 2020, a special CBI court had acquitted all 32 accused in disputed structure demolition case

Kalyan Singh was the perfect blend of Mandal as well as Kamandal and was termed as "Hindu Hridav Samrat" by the Party cadres. After a prolong illness he said goodbye to his strug-gling life on 21th August 2021, but left behind glorious remembrance of nationalism and governance. His demise has created vacuum in UP politics, which could not be filled soor

(Author is a technocrat & acade mician)

The Pendulum of Life

ing on your face. And no matter how good you are, people will always try to find your bad side and weak-nesses. And they will judge you and make fun of you instead of being grateful for the version you evolved into. Remember when you try to do good for others, for yourself, there will always be a thing called - 'Society' that judges you.

Your task is to not focus on those judgments. You need to focus on your life goals. Haters will always hate. Words that come out from a jealous and hateful person will discourage you in a way that you never ex-pected. When these moments come, you need to have an attitude that doesn't give a damn about those judgements and what the society says about you. When you master this attitude, you can easily face whoever or whatever that tries to pull you down. This attitude might be a bit disturbing to hear but the advantages of having this attitude weighs more and you can easily tackle the people who try to discourage you. Put a dot on white board and ask them to describe the things that are on the board. Believe me all the things they will say will be just based on that dark tiny dot. They

won't see the bright white surrounding around that dark spot. People seem to have a blind spot on beautiful things in life and just focus on those tiny, easily omit table things.

Something that bothers me a lot is that of why should someone be distracted by this hatred, Do they feed us? NO. Do they pay our col-lege or tuition fees? NO. These people only know our names. They only know about our achievements and not what we have been through to achieve those achievements. should we listen to them then? Why

Easy to say but the reality is really hard to live with. In this doomed world, nothing will ever go as planned. We all need to live a little. not just making ourselves busy and focusing on those useless judge-ments all day - all week. If you think your plan of being a successful person is going to work. JUST DO IT. No need to wait for those free judgments to pass. They are just a part of the show. All the billionaires in this world suffered in ways that you could not even imagine. They even re-ceived hatred more than we do but they assumed those as a drop in the ocean and kept moving on. It's a piece of cake if you know how to finish the puzzle of living. Happiness is free, why should we worry? Speaking of the haters, we are all humans - looking down on others isn't needed. We need to exercise the quote - don't judge a book by its cover.

Coming to the end, spread love and kindness. Help one another as much as you can. We need to en-courage each other and pass over those judgements and limber up to be a successful soul. Once you become a successful person, your hat-ers will automatically bow down to you. You just need to trust the process. Good things take time. No one can stop you from doing what you love, no need to face the people who feel jealous in doing good for oneselves. Remember one thing -there is a beast inside you, wake him up, show them what you are capable of. Prove that you are nothing less than those extraordinary people. Prove that you can do far more better than those who keep their mouths running and nothing else.

(The writer is currently a student of The Oratory Academy and an exstudent of Emmanuel English Higher Secondary Academy, Yaingangpokpi, Imphal East)

Child should always be taught discipline without tears



By: Vinod Chandrashekhar Dixit

One would find that in the present day in schools the children are oriented in a defined way of learning where the teacher imparted a systematized way of education through which children acquire some general and professional skills etc. But the home learning has tended to orient itself to goals which are of fundamental importance to a community where in social change the children marks the crux of its further development in their life. Normally our schools are closed for summer vacation when the children are not de-

manded to take part in economic activities. It is necessary that the schools timings have to be adjusted to the needs of the community, depending on the locality etc. It is also found that majority of parents particularly in the rural areas send their children to school till they are grown up and capable of taking up economically gainful activities and the percentage of dropouts is significantly much higher among girls than for the boys.

The Supreme Court has held that the right to education is a fundamental right under Article 21 of the Constitution and that the state is obliged to provide education to children at the primary level. Good education is not only desir able in itself but is also essential for the empowerment of our people. Education should be viewed as a basic human right leading to empowerment and awareness The politicization of education poses a serious threat to society. It is necessary for the authorities to investigate whether reservation has genuinely helped the backward sections of society. The government should address this problem on an urgent basis and take a holistic approach to it. Granting everyone the right to education is not enough in itself. It is the duty of the State to ensure proper implementation of this law in every section of the society. The 25 per cent reservation for poor kids is a terrible insult to the majority of India's children. It is like the 'two-tumbler' system that prevails in many villages. The government should take effective steps to provide sound education to students from the backward classes rather than just creating quotas. What is more important is to ensure that proper facilities are provided in schools and the best teachers recruited to teach children in their formative years. Right to education will remain a dream unless sincere efforts are made to create the necessary infrastructure.

Today one would clearly find that the child is by no means a helpless vic-tim of parents and teachers who are active agents of change in their life. The conflict between the child and the adult is not confined to home. Today the child insists on doing something whose consequences the teacher or parents in his mature wisdom thinks will be unpleasant where the parents prevent their child to do so but it must be remembered that sometimes-un pleasant consequences also remove the illusion which the child may have nurtured about his ability whose out-come is defiance. It is also found that parents and teachers praise the child sky high for every achievement but over praise makes the child an addict like an alcoholic and he never wants to do anything if praise does not comes and he is not ready to listen critics of his performance. As the child grows up, he should be allowed to become independent and should be allowed to make mistakes so that he can learn from them. There are many parents who are too sensitive about what people will think of their children. A child should never be bribed to do what he is asked to do but he should always be taught discipline without tears.

past moments that you regretted do-

ebb and flow of new covid-

19 cases throughout the

ers have claimed that they have discovered a vulnerabil-

ity, a 'weak spot', across all

variants that could help in de-

veloping a more targeted an-

tibody treatment. They found

an antibody fragment VH

Ab6. This fragment is known

to be effective against the Al-pha, Beta, Gamma, Delta,

Kappa, Epsilon, and Omicron

ment- The VH Ab6 is known to neutralize SARS-CoV-2 by

attaching to the epitope on the spike protein and blocking the

virus from entering human

cells, according to a statement published by the University of

British Columbia.

To understand the frag-

At such a time, research-

globe

'Tell me where you want me to come': Manish Sisodia after CBI issues look out notice

Agency New Delhi, August 21:

The Central Bureau of Investigation (CBI) on Sunday issued a look out circular against Delhi Deputy Chief Minister Manish Sisodia and 13 others in connection with the alleged corruption in the implementation of the Delhi Excise Policy. All the 14 people, includ-

ing Manish Sisodia were named in the FIR filed by the CBI in the case. A look out circular pre-

vents an individual from leaving the country and the per-son can be detained if they are found violating the said condition.

Manish Sisodia reacted to the notice and hit out at Prime Minister Modi saying, "What is this drama?"

Sisodia further said, "It's unfortunate that the prime minister keeps thinking about whom the CBI should issue a Look Out Circular' today. Today, the country is looking for a leader who can give solu-tions to inflation and unemployment. The public will give a 'look out notice' to them in 2024."

BJP leader Kapil Mishra hit out at Sisodia's tweet directed at PM Modi and said, "Is the education minister of Delhi so illiterate and stupid that he does not understand the meaning of look out notice?"

The CBI's FIR in the case states that Manish Sisodia and other public servants accused in the case took decisions pertaining to the excise policy 2021-22 without the approval of competent authority with "an intention to extend undue

tender According to the FIR, at

least two payments in crores were allegedly made to "close associates" of Sisodia by Sameer Mahendru, the owner of Indospirit, one of the liquor traders involved in irregularities in the framing and implementation of the excise policy.

The CBI on Saturday summoned some of the accused in the case for a detailed interro-



ew among those summoned by the central agency are perceived as close aides of Manish Sisodia. Meanwhile, Sisodia held a

press conference on Saturday, a day after the CBI conducted a raid on his house and hit out at the BJP and Modi government for targeting him. He de-nied the charges against him and said he was being targeted for holding a position in Arvind Kejriwal's cabinet.

India logs 11,539 new Covid-19 cases, active cases below onelakh mark

Agency New Delhi, August 21:

India on Sunday reported 11 539 new Covid-19 infections in the past 24 hours taking the country's active caseload to 99,879, according to the Union Health Ministry data. Yesterday, the country had 1,01,166 active cases. A total of 12,783 people

have recovered from the coronavirus infection in the last 24 hours, taking the total number of recoveries to 4,37,12,218 in the country. The recovery rate remains consistent at 98.59%.

In India, the daily positiv-ity rate is 3.75%, while the weekly positivity rate stands at 3.88%. More than 88.24 crore tests have been conducted to detect coronavirus infection in the country since the onset of the global pandemic

Under the nationwide vaccination drive, more than 209.67 crore Covid-19 vaccine doses have been administered to the eligible beneficiaries so far, including 26,58,755 doses administered in the last 24 hours. So far, the central govern-

ment has provided more than 200.02 crores (2.00.28.66.975) vaccine doses to States Union Territories, out of which, over 7.04 crore (7,04,44,690) unutilized doses are still available with them. the ministry added.

Meanwhile, Delhi on Saturday reported 1,109 new Covid-19 cases and 9 deaths. The city's Covid positivity rate was at 11.23 %. Saturday's addition brought the total active case count to 5,559

More than two and a half years into the coronavirus pandemic, researchers have achieved a breakthrough in combating the deadly virus that keeps mutating and evad-ing the immunity response humans develop owing to what started with coronavirus, has further delved into Delta variant, Optiona Unioret althematic

Omicron Variant, and their re-

spective sub-variants, thereby causing an alarming

An expert has mentioned that this key vulnerability can now be exploited by drug manufacturers, and as the site is relatively mutation-free, the resulting treatments could be effective against existing-and even future-

Assam to suspend internet today to curb cheating in recruitment exams

Agency Guwahati, August 21:

As the Assam government is all set to hold the recruitment exam to fill 30,000 government posts in various departments which is by far the largest re-cruitment drive in the state, mobile internet services will remain suspended around the examination centres during the exam hours to avert any untoward incident. Around 14 lakh candidates

will appear for the examinations.

The internet services won't be available within a 100 meters radius of the examina-

exams

The first phase of the ex amination for filling Grade-III and Grade-IV posts is to be held today, followed by August 28 and September 11.

Besides, section 144 of CrPC is being promulgated in some places where the examinations are to be held besides cess tight security arrangements have been made in every ex-

amination centre. Earlier this week, Assam Chief Minister Himanta Biswa Sarma held a virtual meeting with deputy commissioners and other stakeholders to ensure the smooth conduct of the ecuted

He told the DCs that there should be no complacency, which could compromise the

sanctity of the examination. He also asked the DCs and SPs to be ready with their men and materials to thwart unscrupulous elements from disrupting the examination pro-

There will be one nodal officer in each of the 25 districts where examinations are going to be held and government gazetted officers will also be put into action for each examination centre as observers to ensure that the SOPs are properly and satisfactorily exAgency Dimapur, August 21:

The Naga Students Federa-tion (NSF) has resolved to appeal to all the educational institutions under the Naga homeland to allow students from Class V onwards to wear Naga traditional attire once a week in order to protect the Naga cultural identity.

"It is not an imposition but an appeal to the institutions," NSF president K Tep said at a press conference held after the student body conducted the third federal assembly of its 2021-2023 tenure here on Satur-

Nagaland government has failed to make operational the Nagaland Staff Selection Board (NSSB) three years after officially

Tep explained that the NSF has demanded the setting up of and fairness in the employment

The NSF has also resolved appeal to the government of India to deliver justice to the families of those killed in a botched ambush by army personnel in Mon district of the state on December 4, 2021.

Tep said the NSF will continue to fight till the families of

Deliberating the Armed Forces Special Powers Act (AFSPA) in force in the Naga homeland, the student body resolved not to extend coop eration to the Indian armed forces.

Ten said no individual or group across the Naga home-land will accept any humanitarian aid from the Indian armed forces nor will they be invited to any event organised in the Naga homeland. He added that no in dividual or group will partake in any official event of the Indian armed forces.

He said the black flag will be hoisted across the Naga home land as a mark of protest against the AFSPA

Replying to a question on the launch of the second phase of agitation against the Citizen ship Amendment Act(CAA) by the North East Students Organisation (NESO) on August 18, Tep said the NSF has not received any intimation from the NESO in this regard.

Contd. from Page 2 **Time Management**

Importance of Time Man-

agement Importance of Time Management for Students. Time management basically involves fixation of priorities according to the available time and plann in advance as to what job you pick up first and how much time you spend on a particular work. We need to realize that time management is essential in every field of life because time is the precious recourse one has to accomplish a task. Everyone has only 24 hours in a day; it is the way that you utilize it that makes a major difference in your day to day activities which can either be in your office, school and college or at home. A very single moment which passed once will never come back to be availed. hence make out most of it at once. Time management helps individuals to complete their task in time and utilize their time more productively. It helps you to identify the useless activities which can be avoided and time can be saved. It helps you give proper time to a task and per-form the task more efficiently.

Time management is very important in the life of a student.

A student has to juggle beveen a lot of activities in his daily routine, out of which some are related to his studies, some activities like having food and bathing etc. are essential for his life and some games, sports and other recreational activities are for entertainment or physical fit-ness. Every task is of great importance and has its own relvance. Still, there are also some activities have no use and just waste time in one way or the other. It is also important for students to time well their activities. Spending too much time on entertainment activities and less time on studies can lead to some negative consequences; hence it is very important that you time your activities well in advance to avoid this problem.

Time management is simply the way an individual regulates or schedules his time according to the priorities and is a very important tool during student life. It is an important skill to master because it can help the student manage the various responsibilities in life, school, work, family, and many other activities. Student life is a stage where individuals are always

short of the time: you have a lot to do and limited time to cover every aspect of life. One who is able to manage his time well is the one who will write a success story. If this skill is correctly learned and applied, it can actu

ally save a lot of time. Importance of Time Management in Business: Hard work as well as managing your re-source and time is very impor-tant for you to be successful in

any field whether sports, busi-ness or studies. For a successful business, you need both hard works as well as good management of the time and resources. You need to know time management tricks very well to build a successful business. You need to know the importance of investing your time in order for you to understand its positive effect on your success. For a successful business, client satisfaction is very important which comes only when you supply the best services in the shortest time. If you have a dedicated workforce but no work plan to

follow then it is useless to have a good staff unless you have a proper planning. Hence the first step towards the successful business is to have a good planning force for effective agement so that all the raw material for certain goods and ser-vices is available to be processed, prepared and to be de-

livered at the right time. If you are in a business then probably you would know the value of time very well. If you are given a certain time frame to complete a project then it is meant to be delivered at that time in order to show your client your seriousness towards the work as well as to make a lifelong relationship with them to carry on business relations. Time management gives you an opportu-nity to plan your activities in such a way that you are able to complete your project before the deadline arrives. Also, time management has many other advantages: Ensures the quality of the

work Helps you to complete be-

Helps in prioritizing your

task Helps to accomplish more in

less time Gives a clear idea of the time that would be required to complete a particular job Gives time to arrange for the raw material and machinery or

service Tips for Time Management

Developing time manage-ment skills is a journey that car-ries on until your life. One needs to practice and other guidance along the way to enhance time management skills. These days, time seems to be at a premium everyone wants to make most of their time. We have devices that keep us constantly connected with work, with friends and family, and sometimes even with complete strangers which at times can lead to a great amount of distraction. Time management these days is very important if you want to achieve something big in your life. Few time management tips: Be Organized: It is very im-

portant to be organized if you want to be successful. Use timesaving tools such as appointment calendars, "to do" lists, email, answering machines, file folders, etc. if you keep your things in an organized manner you don't have to waste your time looking out for things when you need them. Have an orga-

nized workplace and as a result. you don't have to waste time constantly looking around for things you need. Being orga-nized doesn't necessarily means keeping your things in the place but also being organized with your work and schedule. Use your appointment calendar for everything, including listing study time to organize your ap pointments and time according to availability.

Setting Deadlines: Setting deadlines is very important. Set deadlines for yourself and strive hard to complete tasks ahead of the deadlines. When you are running ahead of the time allotted it naturally gives you an inner confidence. Do not wait for your superiors to ask you every time; instead be ready with your part beforehand. Learn to take ownership of work. One person who can best set the deadlines is you yourself. It is also advised to ask yourself how much time needs to be devoted to a particular task and for how many days. Use a planner to mark the important dates against the set deadlines.

Balance Your Effort: It is very important to strike a proper bal-

ance according to your effort Work on small portions every day of work that will be due by the end of the week so that you can finish off the work well on time, and a better technique is to start with the most important tasks first and then move on to less important ones. Concentrate on what is at hand and do lose focus your focus by thinking of other things at the same time. Time your priori-ties well as perform them accordingly. Then move on to the next daily task. Once the tasks for the day are completed, mark them as such, and proceed to the next day's tasks.

Postpone Unnecessary Ac-tivities: When working on some really important projects it is also a time management technique to postpone tasks or routines that can be put off until your work is finished. Be focused on the main task and forget everything else. This can be the most difficult challenge of time management. Most of the times the distracting activities tend to amuse more, hence we get attracted towards the more. Hence concentrate on your work as well as those things that are

important to you.

Tep said the NSF assembly discussed various issues con fronting the Naga people, particularly the student community. He lamented that the

notifying its constitution.

democratic forms of protests until and unless the NSSB is not made fully functional.

the NSSB to ensure meritocracy process and do away with backdoor appointments. He said they will resort to

the victims get justice.

Nagaland: Naga Students Federation for wearing

traditional attire in educational institutions once a week

BJP will do better in 2024 polls if Kejriwal becomes Oppn's PM face, says Assam CM

Agency Guwahati, August 21:

Assam Chief Minister Himanta Biswa Saram has said BJP would win by a better mar-gin if his Delhi counterpart and AAP Chief Arvind Keiriwal is projected as the Opposition's prime ministerial candidate in the

next general election Chief Minister Sarma said this while reacting to Delhi Deputy Chief Minister Manish Sisodia's assertion that Keiriwal would emerge as the main chal-lenger to PM Narendra Modi in the 2024 Lok Sabha election. "People in many states do not know Kejriwal and his party. It would be very good for the BJP if Keiriwal is the Opposition's face for the 2024 election as most people have not even heard his name," he told reporters in Guwahati on

Saturday. Reacting to the allegations of the AAP that the Centre is trying to destroy the health ser-vice model initiated by the Kejriwal-led Delhi government, the Assam Chief Minister re-marked that Delhi's 'mohalla clin-

ics' cannot be a model for health service.

"People may visit Assam to see how we are promoting the medical colleges and providing health services to each and every area of all the districts in the state," Sarma said.

The AAP on Saturday reportedly said that "misusing the power of the central government", the BJP has been trying to stop Arvind Keiriwal because work and performances in the education and health sector of Delhi government is being dis-cussed abroad as well.

"The BJP government at the Centre is concerned about Arvind Kejriwal because they foresee him as the main challenger to Modi in the up-coming general election," Sisodia said in Delhi.

He also claimed that in the 2024 election, the main electoral battle would be between the AAP and the BJP.

The CBI had carried out searches at Sisodia's home and many other locations on Friday over the allegations of corruption in Delhi's liquor policy.

Contd. from Page 1

Process to elect new Congress..... sagging electoral fortunes. sive CWC consultation had

silence within the Congress circles on the election of a full-

time party chief until late July

2020 when G-23 leaders in a letter to Sonia Gandhi sought

urgent elections across all lev-els of the party, to revive its

The statement added that.

unable to tolerate the harass-

ment meted out to him he left

his home and in July 2003 he

underwent Basic Military Train-

ing of the Red Army. He was friendly with the Red Army of

PREPAK during his training and

maintain discipline of the Party

as Publicity Officer of PREPAK to the department of Publicity

and Propaganda. He took re-

sponsibility in bridging com-

Major Sanju was assigned

Whether that will change will perhaps determine the exchedule for the Congress act s president's election, considering the majority of party lead-ers want Rahul Gandhi to don the mantle, even as he continues to evade the responsibilitv.

In May 2019 Sonia Gandhi had agreed to become interim president of the party after Rahul Gandhi resigned following the Congress loss in general elections

Even at that time, an exten-

In 1995 Major Sanju was arrested by Manipur Police Commando and detained him for 14 months under NSA.

After his released, he again contacted with the PREPAK leaders and he was arrested and detained 8 months in judicial custody in December 1996. Again in November 1997 he was arrested and detained for 5 months at Imphal Central Jail. He was tried to arrest twice after released but managed to free after getting bail.

favoured Rahul Gandhi to continue and urged him to do so. After he declined the party's highest decision-making body requested Sonia Gandhi to step in. For several months after May 2019, there was complete

tion in the party - that of the Congress president. Meanwhile, there appears to be no formal discussion in the Congress on a non-Gandhi to succeed Sonia Gandhi, with some leaders saying that the incumbent chief might well

stay on the top post if this situ-ation of fluidity continues. Major Sanju's demise has left.....

and the party and later he also become a member of the Polit Bureau (PB).

Besides, Major Sanju also took additional charge of becoming the Financial Affairs' Committee (FAC), Publicity Committee and Home Commit tee of CorCom, the PREPAK statement said and added that the PREPAK and its Red Army share the pain and sorrow of the family members of Major Sanju and pray to rest in peace for the departed soul.

Ex-Union minister Anand Sharma resigns as chairman of Steering Committee of Himachal Congress grouping which has been critical

Agency Shimla, August 21:

In a major setback to Congress ahead of the Assembly elections in Himachal Pradesh, former Union minister Anand Sharma on Sunday tendered his resignation as the chairman of Steering Committee of the party's state unit. He, however, will continue to participate in election campaigns for the party candidates.

In a letter to Congress chief Sonia Gandhi, he reportedly said that his self-respect is "non-negotiable" and he has resigned from the post.

Sharma, who is considered among the tallest leaders of Himachal Pradesh, has reportedly told the Congress president in his letter that his self-respect has been hurt as he has not been consulted or invited for any of the meetings of the party.

His resignation comes soon after another leader of the G23 grouping Ghulam Nabi Azad resigned as chairman of the campaign committee in Jammu and Kashmir a few days ago.

The former union minister and deputy leader of the Conof the decisions of the party leadgress in Rajya Sabha, Anand Sharma, was appointed as chairershin man of the Steering Committee

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IT News

Imphal, August 21:

The grouping comprising prominent veterans including Bhupinder Singh Hooda and in Himachal Pradesh on April Manish Tewari has been insisting on genuine elections right from the block up to the CWC Both Azad and Sharma are prominent leaders of the G23

Leikol organizes symposium;

Sharma, who first contested Assembly elections in 1982 and was given a Rajya Sabha ticket

by then prime minister Indira Gandhi in 1984, has been a Rajya Sabha member ever since and has occupied several key positions in the party.

munication between the media Nitish Kimar may be the new Mascot...

Now, five years since he left the Mahagathbandhan camp, Nitish is back, rallying the Opposition to prepare for the 2024 polls and ruing his time in the BJP. Another somersault, yet Nitish had man-aged a clean landing — dis-playing no unease about the contradictions inherent in his moves. The Nitish of 2022 had clearly travelled a fair distance from the Nitish of 2017. For someone who would

often talk fighting the "triple Cs" of crime, corruption and communalism as the guiding principles of his governance model, Nitish when asked if corruption was no longer an issue, didn't bat an eyelid when he said Tejaswi by his side, "very much so. We can-

governance, as he had been in the NDA. While the BJP not compromise on corruption" JD(U) national president had no strong state leader to match Nitish's charisma, Rajiv Ranjan Singh a.k.a Lalan Singh too defended the

here in the Mahagathbandhan, he had here party's decision to return to the RJD despite stand deshared space and spotlight with Lalu and family. The spite its strident stand on corruption, saying "it has RJD leader's constant referbeen five years since the IRCTC case. There is hardly ence to Nitish as chotte bhai (younger brother) is also be any movement in it. It is lieved to have rankled Nitish. nothing but an act of politi-cal vendetta."

All that, JD(U) sources insist, is behind them now. Nitish's last stint in the Nitish and Tejswi have re-portedly worked out a work-Mahagathbandhan camp was anything but smooth. Only ing arrangement. Tejswi has five months into the arrange-ment, the stress had started already been granted Z-plus security, a perk Nitish's showing with the JD(U) ac-cusing the RJD of interfer-ence. Nitish was no longer deputies in the BJP-Sushil Kumar Modi, Tarkishore Prasad and Renu Devi – the last word in the matter of never enjoyed. (IPA Service)



Durand Cup 2022: Army Red Hold Chennaiyin FC; Rajasthan United Stun ATK Mohun Bagan

Agency Kolkata/Imphal, August 21:

Red held Army Chennaiyin FC 2-2 in a Group C match of the Durand Cup 2022 at the Khuman Lampak Stadium, here on Saturday. For Chennaiyin, Julius Duker (89th) and Edwin Vanaspaul scored late (90+4th) while L. Khongsai (55th) and Liton Shil (90+6th) scored for the

Armymen. Chennaivin FC fielded eight new players in their starting line-up — Ajith Kumar, Fallou Diagne, Aakash Sangwan, Duker, Sajal Bag, Jiteshwar Singh, Jockson Dhas, and Petar Sliskovic while skipper Anirudh Thapa, goalkeeper Debjit Majumdar and Narayan Das were the old faces.After a slow start, Tho-mas Brdaric's men eased into the game and dominated proceedings for most of it. Croatian forward Sliskovic was played through by Jiteshwor but his shot sailed over the crossbar.

Thapa then made a lung-ing effort right at the brink of half-time but the Army Red custodian showed good re-flexes to deny the two-time

ISL Champion as both sides failed to break the deadlock at half-time.Army Red broke the deadlock through L. Khongsai's header from a corner 10 minutes after the change of ends. Trailing by a goal, Chennaiyin FC changed gears in a bid to find the muchneeded equaliser in the final

quarter of the game. In the 69th minute, Duker's shot hit a flurry of red shirts to deny Chennayin a way back into the contest. A couple of minutes later, Sliskovic got a double chance inside the box but failed to find the back of the net. The final moments of the match witnessed heart-thumping action as three goals were scored in a span of 10 minutes. Duker scored the equaliser for Chennaiyin from Thapa's corner in the 89th minute.

Edwin Vanasanaul scored his first goal for the club to hand Chennayin the lead with a thunderous volley from outside the box. But two minutes later Liton Shil equalised for Army Red to draw curtains on the nail-biting contest. Chennaiyin FC will face reigning ISL champions Hyderabad FC in their second group stage



Lethaolen Khongsai (extreme left) celebrates the first goal by Army Red against Chennaiyin FC in the Durand Cup.

fixture on August 26. In another match of the

dav, Rajasthan United FC created a big upset, stunning lo-cal favourites ATK Mohun Bagan 3-2 in a Group B fixture of the Durand Cup 2022 at the Salt Lake Stadium in Kolkata on Saturday. It was a grand debut for RUFC in the tournament, as Gyanman Niukm got the all-important winner in the fifth minute of stoppage

time to silence the home Earlier, Kiyan Nasiri had

given ATKMB the lead two minutes before the end of the first-half, only to see Kyrgyz Bektur Amangeldiev equalise just before half-time. Ashique Kuruniyan then put ATKMB ahead immediately after resumption but Lalremsanga Fanai tied it all up again in the 61st minute.

Just when everyone thought that the game was headed towards a stalemate. Arunachal's first ever player to play top flight football in India, Nikum slotted one past ATKMB keeper Arsh Shaikh to create history.

ATKMB started as home favourites do, piling on attack after attack but the organised RUFC defence ably led by Man of the Match Nirai Kumar in goal thwarted all. In the 20th minute, Niraj produced a stun-ning double save, first from a strike by Norwegian international Johnny Kauko and then when Kiyan went for goal off the rebound.

Just after the half-hour mark, Liston Colaco sent a freekick which was goal bound, only to find Niraj brilliantly up to the task again. The goal came when Hugo Boumous began a counter-attack and found Ashique on the left wing, who delivered a cross for Kiyan to score.

ATKMB's joy was shortlived, however, as RUFC struck just before the half-time whistle when Neihsial made run outwitting the ATKMB defence and crossed for Amangeldiev to score. ATKMB were in experimental mode in the match as coach Juan Ferrando took off Liston in the first-half and Boumous later in the second session to bring in defender Ashish Rai.

However, they were clearly stung by the equaliser as they came out after the lemon break to take the lead again. Boumous took a clever quick free-kick to find Ashique unmarked inside the box, who

drove in to place it inside the net perfectly to score his first goal in his very first competi-tive game for ATKMB. Then came the double

change which changed the match. Ferrando took out Boumous and Florentine Pogba to bring in defenders Ashish Rai and Subhasish Bose. RUFC took advantage and forayed forward with Lalremsanga Fanai taking ad-vantage of a melee inside the box to slot home.

ATKMB stepped up their attack once again and on another day, the result could have been different. Kiyan saw one come-off the crossbar and Manvir missed with just the keeper to beat when his shot sailed over in the 75th minute. With RUFC crowding their

defence and ATKMB on the attack, there seemed only two results possible as the game entered five minutes of stop-page time. In the very last minute, RUFC launched a counter from their half and found the ATKMB defence back tracking. A cross from the left found Nikum right in front of ATKMB goalie and he made no mistake to give RUFC a famous victory.

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Subsequently on October 16, 2021, the CWC approved a tentative schedule for the internal elections, culminating in the poll for the highest posi-

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